



Roscommon County

# 4-H Family News

APRIL 2021

## Calling More 4-H Families

We have a fully-functional 4-H Council that is working hard to bring you new and innovative 4-H activities. This is a wonderful core of adults and teens who are so dedicated to bringing you more things than you could ever have even imagined just one year ago. We are also looking for new families who are interested in helping youth have full & fun 4-H experiences. You can engage as a family and get involved as little or as much as you decide. Some adults choose to volunteer as little as 6-10 hours per year or perhaps even dozens of hours—your choice. We are committed to working toward more 4-H growth. If you are an adult who cares about kids, we have a process to help you work through what we call the Volunteer Selection Process. This process is very streamlined and we are able to help you make a difference in the lives of our kids. Be assured that we won't be in the mode of virtual programs in a permanent way, so when we gradually open back up, we will then be in a position to offer many more local 4-H programs.

For now though, we have many virtually-based programs where you will be sure to find a little something for everyone. We are pleased that we are gaining more and more members during this year of FREE 4-H membership (a value of \$20 per youth.) Give us a try as a member, a family, or even as a 4-H volunteer. We will never pressure anyone into volunteering. If we are going to reach our full potential, we only want adults who are motivated to help make great things happen in the lives of our youth. Give us a call today and start that 4-H journey.

Sincerely, John Wurm, Roscommon County 4-H Program Coordinator

## Contact Us

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4-H Program Coordinator  
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Like us on Facebook:  
[Roscommon County 4-H](#)

## This 4-H Newsletter Is Packed With Great Topics

- ◆ 4-H Virtual Clue
- ◆ 4-H in the Kitchen—Fortune Cookies
- ◆ Hold the Date for 4-H Exploration Days—Expanded
- ◆ Financial Reality Fair
- ◆ Mindfulness for Youth Activities
- ◆ 4-H LEGO Masters Building Club
- ◆ 4-H Hiking Club
- ◆ Pippin's Pantry
- ◆ WAY MORE (scroll to see)

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# STATEWIDE CALENDAR OF EVENTS

2

## Support 4-H at JOANNs



JOANN Fabrics and 4-H are teaming up to create #Opportunity4All kids to create, make and learn through hands-on experiences. You can help inspire a child's creativity by donating \$1 or \$4 at checkout when you visit JOANN in-store or online through April 30. Learn more: <http://bit.ly/3iAa7td>.

During this time frame, there may also be special discounts for JOANN 4-H Rewards Card members. If you have not yet obtained yours, sign-up today for your JOANN 4-H Rewards Card. Eligibility is open to the broad 4-H community (parents, volunteers, staff, alumni). The rewards card offers 15% off every purchase and JOANN will donate 2.5% of sales from the JOANN 4-H Rewards Card and \$0.50 for every yard purchased of custom 4-H fabric back to National 4-H Council. Learn more at [www.joann.com/4-h/](http://www.joann.com/4-h/).

## 4-H Events and Workshops

### April 10-11: 4-H Coding Weekend Workshop—An Intro to Coding

#### Zoom Webinar

Discover your passion for technology and gain valuable coding experience and skills. Part 1 of this two weekend workshop will help youth in grades 9-12 discover their passion for technology. The second part of the workshop will be held May 22 and 23.

<https://www.canr.msu.edu/events/4-h-coding-weekend-workshop>

### April 12 - 16: 4-H Dance Party SPIN Club

#### Zoom Webinar

Join the 4-H Dance Party SPIN Club! Explore computer coding by programming your own dance party! This is an introduction to computer coding. Participants will need internet access .

<https://www.canr.msu.edu/events/4-h-dance-party-spin-club>

### April 13: Wild Spartans Series - Researching Wildfire

#### Zoom Webinar

Delve into the cutting edge world of wildfire research to discover the role technology plays in studying the impacts to flora and fauna of boreal and arctic regions. Hear from a wildfire scientist about researching the behavior and impacts of wildfire in remote areas.

<https://www.canr.msu.edu/events/wild-spartans-series-april>

### April 14: Inked—The Science and Global History of Tattoos SPIN Club

#### Zoom Webinar

This six-week virtual SPIN club will meet Wednesdays through May 19 as they research different aspects of tattoos, cultures and art. Youth will engage in at-home hands on science experiments and design their own tattoo.

<https://www.canr.msu.edu/events/inked-the-science-and-global-history-of-tattoos>

### April 23: MSU Tollgate Farm Virtual Sustainable Stewards Series

#### Zoom Webinar

Explore how you can be a sustainability steward with your peers and community partners. Hear from teen leaders and Friends of the Rouge staff and volunteers as they explore issues facing their local watershed and the work of restoring, protecting and enhancing the Rouge River Watershed.

<https://www.canr.msu.edu/events/msu-tollgate-farm-virtual-sustainable-stewards-series-april-23>

### April 28-May 10: Spring TSC Paper Clover Campaign

#### Your local Tractor Supply

Support 4-H youth from April 28-May 10 by purchasing a paper clover both online or in Tractor Supply Co. (TSC) stores for just \$1!

<https://www.canr.msu.edu/events/spring-tractor-supply-co-paper-clover-campaign>

For the most up-to-date events listing, go to <http://4h.msue.msu.edu/events>.



## Approved 4-H Activities in 2021

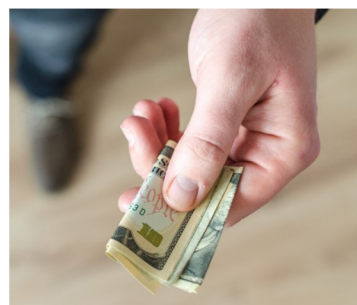
MSU Extension and Michigan 4-H professionals are working diligently to chart a path toward resuming in-person programming when it is safe to do so during the current public health crisis. Though it is premature to cite a specific date, no one is more eager than our own staff to resume events, club meetings, competitions, and fairs. Using guidance from the Michigan Department of Health and Human Services and the university, as well as the most current science available, we will modify all MSU Extension programming to adhere to public health standards at the federal, state, and local levels.

MSU Extension professionals have been thoughtfully creating guidelines that allow Michigan 4-H volunteers and members to conduct limited business while protecting public health. This information helps create a path forward with the **eventual goal** of in-person programming. To help inform volunteers and 4-H families of the most current guidelines, Michigan 4-H launched the Approved 4-H Activities in 2021 webpage. This website will be updated every two weeks or as soon as new information becomes available.

It is imperative that volunteers and 4-H'ers alike adhere to the current guidelines so we can continue to focus on community standards for eventual in-person events and programs. To view the current listing of approved activities, visit [extension.msu.edu/approved4Hactivities](https://extension.msu.edu/approved4Hactivities). If you have any questions, please contact your [local 4-H program coordinator](#).

## Michigan 4-H Presents April Money Management Contests!

Join Michigan 4-H for a series of fun contests and workshops leading up to National Financial Literacy Month in April and Michigan Money Smart Week, April 10-17. Expand your knowledge and compete with other youth across Michigan to earn prizes in money management challenges. For more details visit [www.canr.msu.edu/4-h-money-smarts](https://www.canr.msu.edu/4-h-money-smarts).



### Cash Composition Contest (9-13 years old)

Youth residing in Michigan, **age 9-13** have a chance to win up to \$400 (or \$1,000 total contribution to MESP and/or MET 529) by writing a 300 word (or less) essay on saving and investing. Five finalists will be interviewed for final placing and the winners will be named this year's Michigan Money Smart Ambassadors, with opportunities to share their financial knowledge and develop additional leadership skills. Contest registration and essay submission must be complete by April 5. Learn more at [www.canr.msu.edu/4-h-money-smarts/money-smart-kids-contest](https://www.canr.msu.edu/4-h-money-smarts/money-smart-kids-contest).

### Show Your Money Smarts Contest (14-19 years old)

Michigan youth **age 14-19** will compete in an on-line quiz challenge taking place the entire month of April for a chance to win \$250 cash (or \$1,000 total contribution to MESP and/or MET 529). High scoring youth will be entered into a cash prize drawing and can become a Money Smart Youth Ambassador, leading to opportunities to share their financial knowledge and enhance their leadership skills. Contest registration must be complete by April 23. Learn more at [www.canr.msu.edu/4-h-money-smarts/show-your-money-smarts-contest](https://www.canr.msu.edu/4-h-money-smarts/show-your-money-smarts-contest).

### Avoiding Money Mishaps: Webinars for Youth

Find out ways to avoid financial scams in just one hour in these youth specific webinars! Learn common financial pitfalls that people fall into and strategies to prevent them from occurring, how to identify signs of common scams and fraud and learn how to take preventative steps to protect from being victims of scams and fraud. Events will take place on April 1 at 4 p.m., April 5 at 1 p.m., April 13 at 5 p.m., April 21 at 6 p.m. and April 29 at 3:30 p.m. Preregistration is required; additional information at [www.canr.msu.edu/4-h-money-smarts/show-your-money-smarts-contest](https://www.canr.msu.edu/4-h-money-smarts/show-your-money-smarts-contest).

## April is Month of the Military Child!



Join Michigan 4-H in celebrating military families and children during the Month of the Military Child by taking part in the 4-H GooseChase Challenge this April! Whether you come from a military family or not, this online scavenger hunt will be a fun and exciting way to honor military kids across Michigan.

New missions will be released weekly in April, for a chance to win prizes. Any youth ages 13-19 can download the GooseChase app to participate. Youth younger than 13 can partner with an older sibling or parent/guardian to play.

For more information and to register visit [www.canr.msu.edu/events/momcgoose](https://www.canr.msu.edu/events/momcgoose).

Here is some of the good stuff 4-H offers! Click on image for details.

AGES: 13-19

NO COST!

# MYSTERY AT THE



# VIRTUAL CLUE

JOIN AS AN INDIVIDUAL OR AS PART OF A TEAM

**Thur., April 8 - 7 pm EDT**

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MSU Extension programs and material are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status, or veteran status.

Want to see more? Visit <https://www.canr.msu.edu/4h/events>



Here is some of the good stuff 4-H offers! Click on image for details.

JOIN US ONLINE!

## 4-H LEGO MASTER BUILDER SPIN CLUB



*Every day choose to be creative, be ingenious, be an engineer and become a Master Builder with LEGO! Open to all youth aged 5 to 12.*

Sign up by April 22nd!  
Starts: Monday, April 26-30, 2021  
From: 4-5:15pm

Questions: Christine Miller email at johns832@msu.edu or call (517)552-6905

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## MONTH OF THE MILITARY CHILD



Join Michigan 4-H for a state wide challenge using the GooseChase App in celebration for month of the military child!

Challenges will be released weekly for a chance to win awards and connect with others in state.

Open to all youth, in a military family or not April 1st-30th.

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4-H STEAM MEMBERS PRESENT

## Creative Cards SPIN Club

Open to youth ages 8+  
State Wide  
Card crafting kit supplied

Every Monday from 5pm to 6pm Starting April 5th and ending on May 3rd on the Zoom App

Register here:  
<https://forms.gle/UEgzmaz9c9EFgrVX7>

For more Info:  
Kucerama@msu.edu  
Freedash@msu.edu

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JOIN US ONLINE

## INVESTIGATING FOOD WITH SCIENCE

*THE SCIENCE BEHIND FOOD SAFETY*

EVERY WEDNESDAY - 4 P.M. EDT

*A FREE after-school online program exploring how cooking is an experiment and baking is a science.*



[HTTPS://EVENTS.ANR.MSU.EDU/INVESTIGATINGFOODWITHSCIENCESPRING/](https://events.anr.msu.edu/investigatingfoodwithsciencespring/)  
TO JOIN BY PHONE, CALL IN ADVANCE TO REGISTER AT 877-643-9882.

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Want to see more? Visit <https://www.canr.msu.edu/4h/events>

Here is some of the good stuff 4-H offers! Click on image for details.

SHIAWASSEE COUNTY 4-H PRESENTS

# EARTH DAY HEROES

JOIN US IN THIS FREE VIRTUAL 6 SESSION SPIN CLUB DESIGNED TO MAKE EVERYONE AN EVERYDAY EARTH DAY HERO. EXPERIMENT AND CREATE IN WAYS TO HELP THE BETTER YOUR ENVIRONMENT. EVENT IS OPEN TO AGES 6 -12. 4-H AND NON 4-H MEMEBERS WELCOME.

**APRIL 20, 21, 22, 27, 28, 29**  
**AT 5:00 PM**

UPON REGISTRATION A KIT WITH MOST OF THE SUPPIES WILL BE AVAILABLE. PARTICIPANTS WILL HAVE TO OBTAIN A FEW ITEMS ON THEIR OWN. KITS WILL BE AVAILABLE FOR LOCAL PICK UP OR MAILED IF NON LOCAL. PLEASE SEE REGISTRATION DEADLINE TO INSURE TIMELY DELIVERY.

**REGISTRATION DEADLINE IS APRIL 11, 2021**

ANY QUESTIONS PLEASE EMAIL MARTINA VALDEZ @ VALDEZM3@MSU.EDU




JOIN US ONLINE!

# 4-H IN THE KITCHEN LIVE: FORTUNE COOKIES

April 17, 2021  
2:00 pm




# THEMED TRIVIA NIGHTS!

Virtual 4-H SPIN Club

Join us as we test your knowledge on topics like Disney Movies, Animals, Acronyms, Sports, and "Where in the World"!  
Special Prizes will be awarded to the winning team and individuals!

When: April 5, April 6, April 7, April 8, and April 9  
7 PM - 8 PM EST

We will be meeting online using the Zoom app

MUST REGISTER on 4-H Online TO GET ACCESS to club

Free and Open to youth ages 9 and Up

Please visit [bit.ly/Trivia4H](https://bit.ly/Trivia4H) to receive more information about this club and how to register on 4-H Online

For More Info:  
f Bay County 4-H  
@BayCounty4H

Lance Fowler  
fowler37@msu.edu

Supported by






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## MSU TOLLGATE FARM STEWARDS TEEN LEADERSHIP PROGRAM

Farm - Friends - Fun



Want to see more? Visit <https://www.canr.msu.edu/4h/events>



Here is some of the good stuff 4-H offers! Click on image for details.



**Are Your Laces Tied?  
4-H Hiking SPIN Club**

Tuesdays from April 27 until May 25  
5:30-6:30 EST / 4:30-5:30 CT

[HTTPS://EVENTS.ANR.MSU.EDU/AREYOURLACEDTIED/](https://events.anr.msu.edu/areyourlacedtied/)

SAFE SPACE

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**Walk Across the State!**

MICHIGAN 4-H DOG PROGRAM  
APRIL 15-MAY 31

Illustration of two people walking dogs on a path through a landscape with trees and hills under a sun.



**MI Ag Ideas to Grow With**  
College Scholarship Opportunity

Due to the generous support of individuals and organizational partners who supported the MI Ag Ideas to Grow With virtual conference, we are pleased to offer the 2021 MI Ag Ideas to Grow With college scholarship. Seniors who are finishing their final year of high school (2020/2021) or students who have already started their post-secondary education at a college or university are encouraged to apply.

Apply by April 21

<http://bit.ly/MiAgIdeasScholarship>

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**Save the Date**

PLUG INTO 4-H

2021 MICHIGAN 4-H  
EXPLORATION DAYS: EXPANDED

June 22-24, 2021

Registration opens end of April.

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Want to see more? Visit <https://www.canr.msu.edu/4h/events>

Here is some of the good stuff 4-H offers! Click on image for details.



**Spring Break  
Money Management  
SPIN Club**

Tuesday, March 30 until Thursday, April 1  
1-2:30 p.m. EST

[HTTPS://WWW.CANR.MSU.EDU/EVENTS/SPRING-BREAK-MONEY](https://www.canr.msu.edu/events/spring-break-money)



**4-H Market Livestock Through a Business Lens**


Open to youth ages 8-19.  
April 20, 7:30 pm via zoom.  
This 1-hour workshop will cover:

- How to get started
- Types of Organizations
- What makes a business concept?
- The cost of doing business
- Money Decisions and risk management
- Money management skills
- Credit and cash flow
- Business credit vs. personal credit

Registration link:  
<https://events.anr.msu.edu/MoneySmart2021/>




**The Importance of Saving and Investing:  
4-H Livestock Edition**



Open to youth ages 15-19 (statewide)  
April 5, 7:30 pm  
The end of a market livestock project is usually a check from the auction.  
This 1-hour workshop will cover:

- The different types of saving goals: short, medium and long-term
- The importance of planning ahead
- Understanding Investment alternatives
- Additional resources

Registration link: <https://events.anr.msu.edu/Investing2021/>



Join Us Online  
**WILD SPARTANS**  
SCIENCE \* RESEARCH \* CAREERS \* CONSERVATION

**SEARCHING FOR VERNAL POOLS, NATURE'S DISAPPEARING ACT**  
WITH YU MAN LEE, CONSERVATION SCIENTIST,  
MICHIGAN NATURAL FEATURES INVENTORY

**SECOND TUESDAY @ 7:00 P.M.**

Registration required:  
[www.canr.msu.edu/environmental\\_outdoor\\_education/wild-spartans-series](http://www.canr.msu.edu/environmental_outdoor_education/wild-spartans-series)



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Want to see more? Visit <https://www.canr.msu.edu/4h/events>



Here is some of the good stuff 4-H offers! Click on image for details.



### Show your Money Smarts Contest

April 2021  
for 14-19 year olds



WIN CASH PRIZES

# CASH COMPOSITION CONTEST

Deadline to enter: April 5, 2021  
by 11:59 p.m.

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4-H GROWS HERE

A green poster with a gold border. It features a large dollar sign icon and the text 'WIN CASH PRIZES' at the top. The main title is 'CASH COMPOSITION CONTEST'. Below the title, it says 'Deadline to enter: April 5, 2021 by 11:59 p.m.'. At the bottom, it includes the Michigan State University Extension logo and the slogan '4-H GROWS HERE'.

# Financial Reality Fair!

HOSTED BY:

GENISYS CREDIT UNION | MCUF MICHIGAN CREDIT UNION FOUNDATION | 4-H GROWS HERE

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A purple poster with a circular cutout showing a group of five diverse students (three women and two men) looking at a laptop. The text 'Financial Reality Fair!' is in large white font. Below it, it says 'HOSTED BY:' followed by logos for Genisys Credit Union, MCUF (Michigan Credit Union Foundation), and 4-H Grows Here. At the bottom, there is a disclaimer about MSU's affirmative action policy.

Want to see more? Visit <https://www.canr.msu.edu/4h/events>

Here is some of the good stuff 4-H offers! Click on image for details.

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# Mindfulness A to Z

## An Alphabet of Fun & Calming Activities

The Mindfulness A to Z: An Alphabet of Fun and Calming Activities book and activity cards include 26 fun, delightfully illustrated mindfulness activities for children ages 3 to 12. From A (Alpaca Breathing) to Z (Zipper Stretches), children will learn to use meditations, stretches, and breathing exercises to slow down, calm down, and relax so they can focus and feel better.

Encourage your child to use a Mindfulness A to Z activity when they are:

- Transitioning from one activity to another.
- Trying to work through a strong emotion.
- Feeling overwhelmed.
- Having trouble focusing.
- Going through a daily routine like settling down for or waking up from a nap.



Mindfulness A to Z: An Alphabet of Fun and Calming Activities was developed by Kylie Rymanowicz, an educator in early childhood development and parenting with Michigan State University Extension. To find out more about the program contact Kylie Rymanowicz at [rymanow1@msu.edu](mailto:rymanow1@msu.edu).

Order the Mindfulness A to Z: An Alphabet of Fun and Calming Activities book and activity cards at [shop.msu.edu](https://shop.msu.edu).

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Want to see more? Visit <https://www.canr.msu.edu/4h/events>



Here is some of the good stuff 4-H offers! Click on image for details.



MSU TOLLGATE FARM  
VIRTUAL INTERACTIVE  
SERIES FOR GRADES 3-5

## FOLLOW THE NUTRIENT TRAIL

Experiential STEAM series designed to explore the nutrient cycle including producers, consumers, and decomposers.

Back by Popular Demand!

## PIPPIN'S PANTRY 4-H SPIN CLUB



Starting March 17 ~ Wednesdays at 4:45PM (EST) via Zoom

Come learn about People v. Pet Food Safety and bake tasty Pet-Safe treat alternatives!

JOIN US ONLINE!

## 4-H CODING WEEKEND WORKSHOP



This is an introductory coding workshop for High School aged youth. The workshop is held over two weekends- participants must attend all 4 days. Participants will need to have the ability to do video conferencing.

Sat. & Sun.: April 10 & 11 and May 22 & 23  
From 9am to 3pm  
Cost: \$150.00  
Registration Deadline April 7th



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Questions: Christine Miller email at  
johns832@msu.edu or call  
(517)552-6905

In March and April, JOANN customers can support 4-H by donating \$1 or \$4 at checkout when shopping both in-stores or online.



JOANN  

Want to see more? Visit <https://www.canr.msu.edu/4h/events>

Here is some of the good stuff 4-H offers! Click on image for details.

# AVOIDING MONEY MISHAPS



APRIL 1ST: 4-5PM  
APRIL 5TH: 1-2PM  
APRIL 13TH: 5-6PM  
APRIL 21ST: 6-7PM  
APRIL 29TH: 3:30-4:30PM

THIS FREE WEBINAR FOR YOUTH WILL COVER COMMON FINANCIAL PITFALLS.



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JOIN US ONLINE!

## 4-H DANCE PARTY SPIN CLUB



*An introduction to computer coding by programming your own Dance Party!*  
*Open to all youth aged 8 to 14.*

Sign up by April 8th!  
Starts: Monday, April 12-16, 2021  
From: 4-5:15 pm

Questions: Christine Miller email at [johns832@msu.edu](mailto:johns832@msu.edu) or call (517)552-6905



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### COOKING WITH KRISTI

Learn

- new recipes
- kitchen safety
- cooking terms & techniques



Your free enrollment includes access to a private Facebook group where you can access six videos to watch on your schedule. You will also receive a PDF to go along with each video that includes the recipe and other valuable info.

This series is recommended for youth 10 and up or younger with help from an adult.

<https://events.anr.msu.edu/Cooking2021/>



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LEARN ORIGAMI!



# KAMI ORI CREATORS 4-H CLUB

TUESDAYS, MARCH 2-APRIL 20  
@ 4:30 PM

CHOOSE HOW TO PARTICIPATE:  
WRITTEN INSTRUCTIONS, VIDEOS  
OR LIVE ZOOM MEETINGS



Register through 4-H Online <https://v2.4honline.com/#/user/sign-in>. Choose "Alcona" as your county of participation to find this club.

Want to see more? Visit <https://www.canr.msu.edu/4h/events>